Maintaining Momentum

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The Problem

- Head full of good ideas +
- Weird sleep in fun crazy hotel +
- Colleague overload +
- [insert ferry joke here] +
- Pineapple wallpaper....
Retrograde amnesia
How do we remember?
Stay moving forward?
3 Techniques

I. “Put the idea into your own words.”

II. Reminder System

III. Buddy System
I. Your own words

- One library thing
- One non-library thing
II. Reminder

- Sign my email list
- I will email you
- You will tell me how you’re doing
III. Buddy system

• Find someone you don’t know

• Exchange emails

• “In two weeks, ask me if I’ve done __________ yet.”
Surprisingly not magic
Thanks!
Stay in touch!