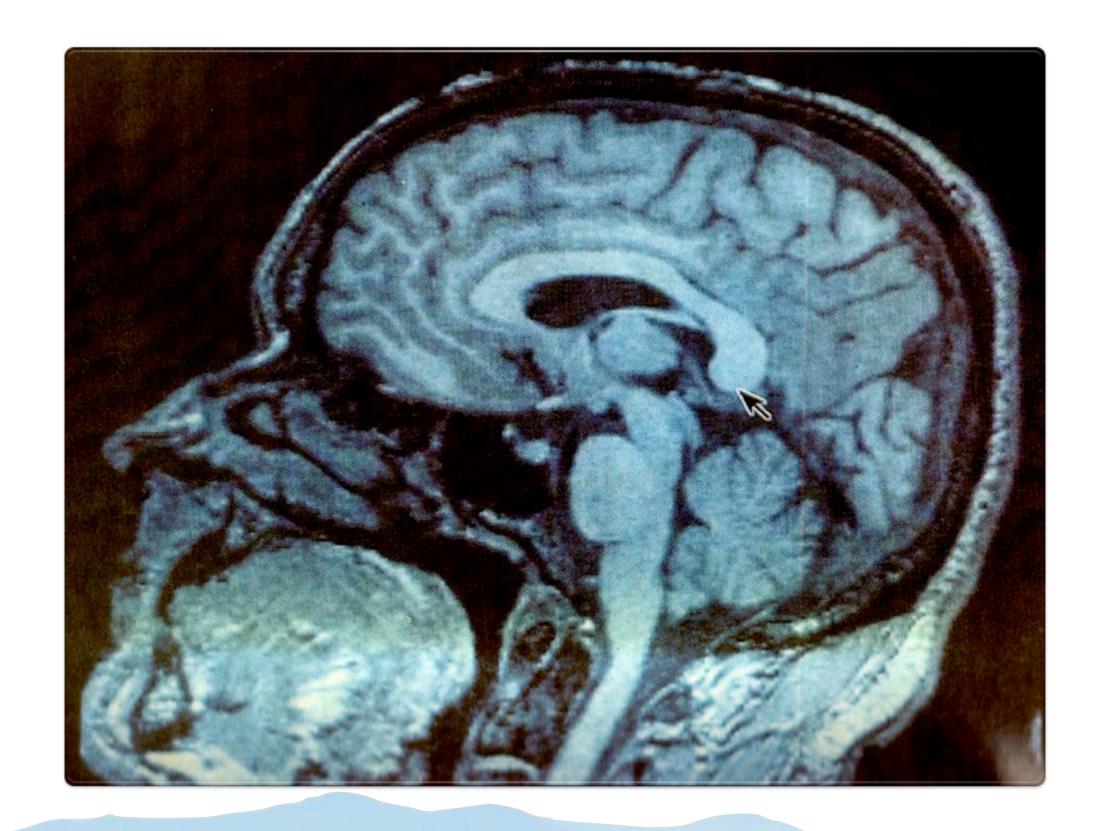
Maintaining Momentum

Jessamyn West @jessamyn

The Problem

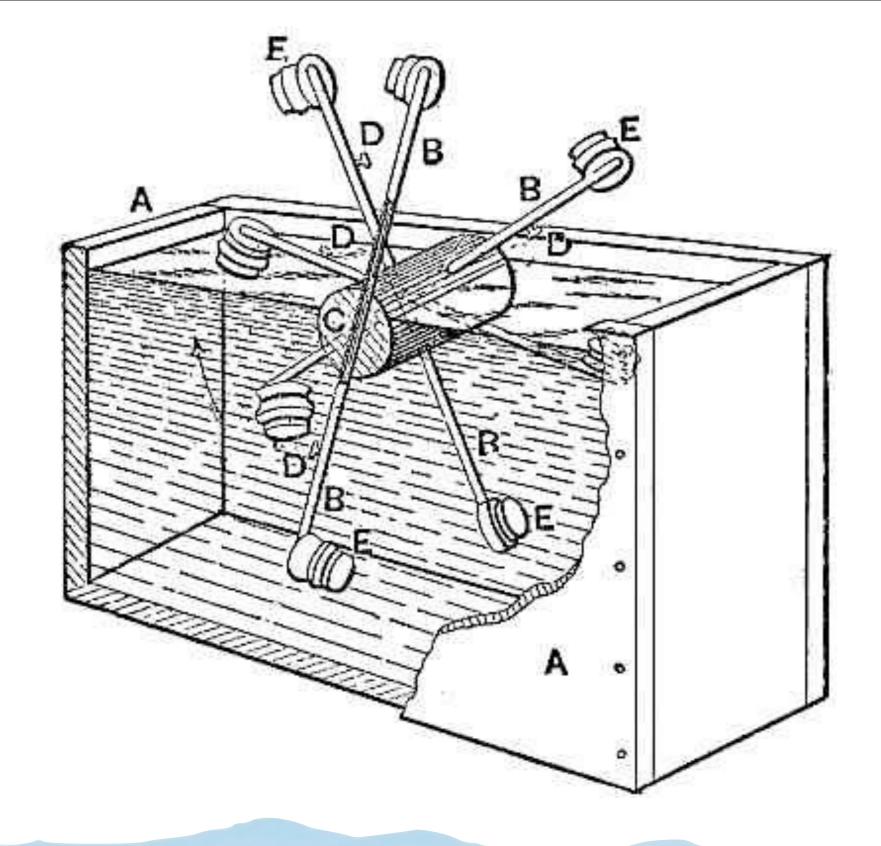
- Head full of good ideas +
- Weird sleep in fun crazy hotel +
- Colleague overload +
- [insert ferry joke here] +
- Pineapple wallpaper....



Retrograde amnesia



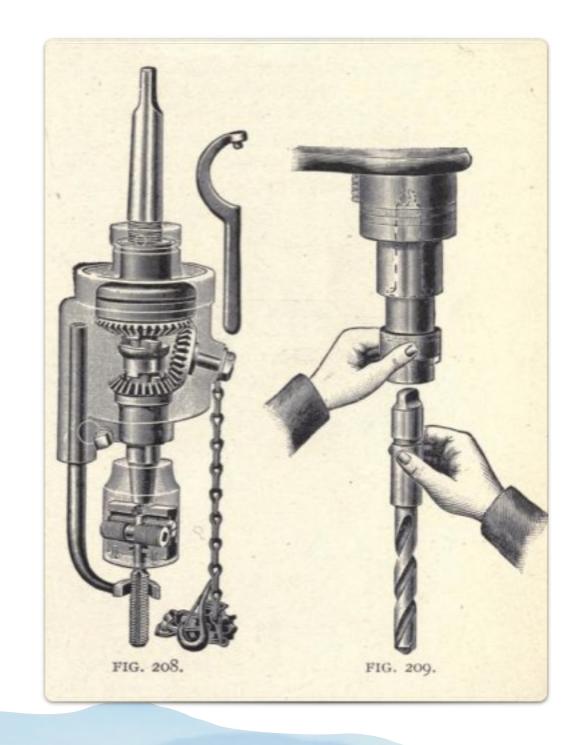
How do we remember?



Stay moving forward?

3 Techniques

- I. "Put the idea into your own words."
- II. Reminder System
- III. Buddy System



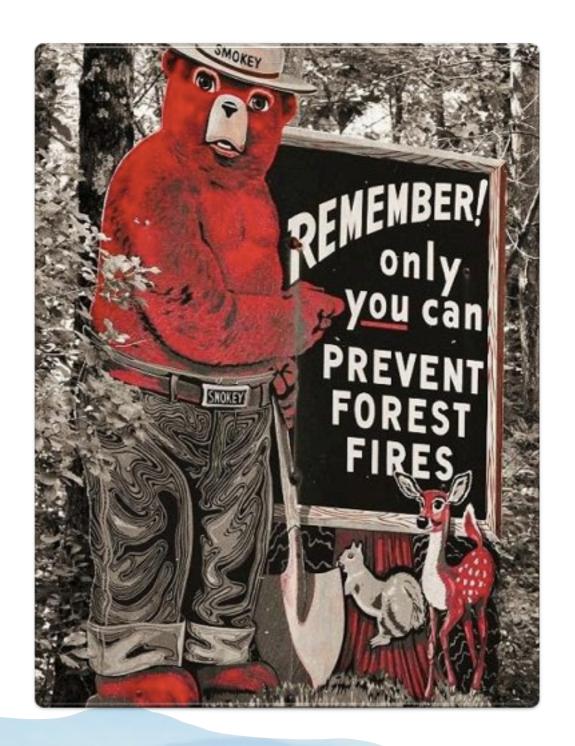
I. Your own words

- One library thing
- One non-library thing



II. Reminder

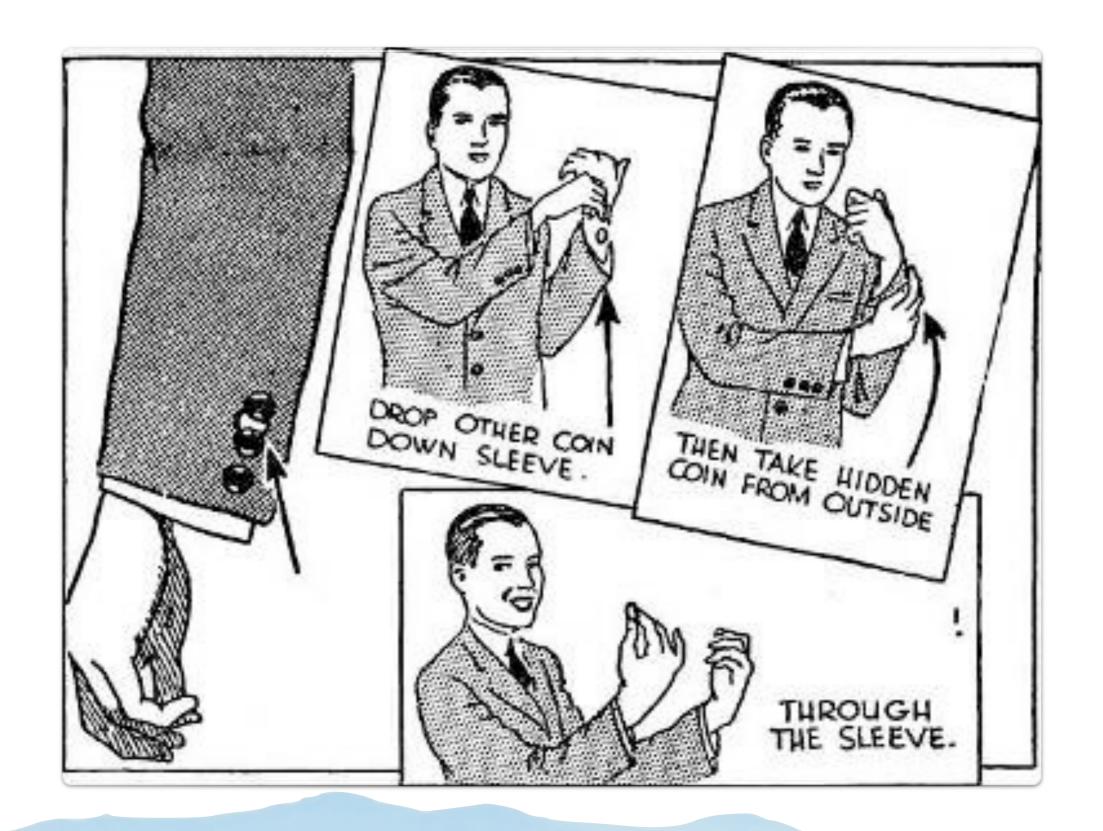
- Sign my email list
- I will email you
- You will tell me how you're doing



III. Buddy system

- Find someone you don't know
- Exchange emails
- "In two weeks, ask me if I've done _____ yet."





Surprisingly not magic

Thanks! Stay in touch!